

NSM²⁰²¹W

NATIONAL SCHOOL MEALS WEEK



MIX IT UP MONDAY

Menu

PASTA IN A SPICY TOMATO & BASIL SAUCE

FIVE BEAN & VEGETABLE CHILLI
WITH MIXED RICE

JACKET POTATO WITH A CHOICE OF FILLING

SWEETCORN/MINTED GARDEN PEAS

SELECTION OF FRESH SALADS

PEACHES with CUSTARD

ORGANIC FRUIT YOGURT

FRESH FRUIT PLATTER



8th November 2021



It's good to
**MIX THINGS
UP!**

⚡ PLANT BASED ⚡ POWER LUNCH

Menu

BUTTERNUT SQUASH & SPINACH CURRY with MIXED RICE (vg)

SIZZLING CHINESE STIR FRY with NOODLES (v)

CREAMY MAC 'n' CHEESE

FRESH SEASONAL BROCCOLI/MINI SWEETCORN COBS

SELECTION OF FRESH SALADS

CARROT CAKE & CUSTARD

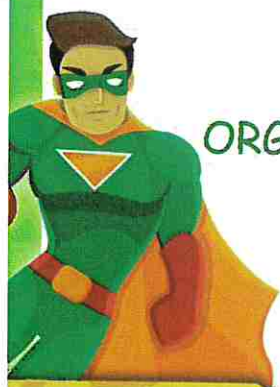
ORGANIC FRUIT YOGURT WITH FRESH FRUIT SLICE

SEASONAL FRESH FRUIT PLATTER

TOMATO BREAD

10th November 2021

Wednesday





NSMW 2021
NATIONAL SCHOOL MEALS WEEK

LACA
the school food people
NATIONAL SCHOOL
MEALS WEEK

AHHH THE GREAT BRITISH ROAST DINNER



Menu

ROAST BEEF & YORKSHIRE PUDDING

VEGETABLE LOAF & YORKSHIRE PUDDING

Served with CRISPY ROSEMARY ROAST POTATOES & GRAVY

JACKET POTATO WITH A CHOICE OF FILLING

FRESH SEASONAL ORGANIC CARROTS/FRESH SEASONAL SHREDDED
CABBAGE

FRESH FRUIT & ICE CREAM

ORGANIC FRUIT YOGURT with SEASONAL FRESH FRUIT

SEASONAL FRESH FRUIT PLATTER

HOMEMADE BREAD

11TH November 2021

Thursday

